

AQUI ALLERGY AND FOOD FACTS INFORMATION

AQUI MENU DATED 04/30/26

9 Major Food Allergies & Horizontal Work Surface

This brochure lists the best items to order if you suffer from any of the 9 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.

About Our Vegetarian and Vegan Items

We take great care in preparing your vegetarian and vegan items, but we have a horizontal work surface system. This means plates will pass through different stations to be completed. This can lead to possible cross contamination with animal proteins. Our kitchens only have a single fryer which is used to crisp both vegetarian/vegan items and non-vegetarian/vegan items. We understand if the information noted will give you pause about enjoying our vegetarian and vegan food at Aqui. As always, we appreciate the opportunity to be your kitchen.

WHEAT ALLERGY

These Items are prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

Blackened Salmon
West Coast Salmon
Sonoran Braised Beef
-order with no russet potato fries
Firecracker Shrimp
-order with no tortilla strips

SMALLER EATS

Grilled Salmon Taco
All Taco Plates
-order with no russet fries, sub either rice

SPECIALTY BOWLS

Adobo Chicken
Lime-Avocado
Grilled Salmon
Lemon Chicken
-order with no cauliflower

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Braised Beef
Grilled Shrimp
Organic Tofu

VEGGIE

Veggie Jambalaya
-order with no russet potato fries
Avocado Roasted Corn Bowl
-order with no tortilla strips
Cubano Bowl
-order with no russet potato fries

SALADS

Southwest Caesar
-order with no tortilla strips
Grilled Salmon
Lime-Avocado Chicken
-order with no tortilla strips

KID'S

Grilled Chicken Bowl

SIDES

Grilled or blackened salmon, grilled chicken, braised beef, pork carnitas, grilled shrimp, organic tofu, mashed sweet potatoes, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

Free Range Chicken Enchiladas
Grilled Pineapple Chicken Enchiladas
Green Chile Ranch Pork
Sonoran Braised Beef
West Coast Salmon
-order with no herb aioli
Adobo Chicken Fajitas
-order with no chipotle dressing
Southwest Chicken Taquitos
Wild Mahi and Shrimp Teriyaki
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub broccoli or basil zucchini

EGG ALLERGY

These items are prepared without eggs

SPECIALTY BOWLS

Lemon Chicken
-order with no aioli
Grilled Salmon
-order with no lemon aioli
Adobo Chicken
Lime-Avocado

SUPREME BOWLS

All OK

QUESADILLAS

All OK

VEGGIE

Yukon Ranchero Enchiladas
Veracruz Crisp Taquitos
Firecracker Cauliflower
-order with no chile ranch dressing
All others OK

SALADS

Southwest Caesar
-all versions OK
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli

BURRITOS

Grilled Chicken, Beef or Pork Carnitas
-order with no lemon aioli
Thai Chicken
Adobo Chicken

KID'S

All OK

SMALLER EATS

Crisp Free Range Chicken
Shrimp Quesadillas
Grilled Chicken Chile Verde
Taco Plates
-No Salmon Taco

SIDES

Grilled salmon, grilled chicken, braised beef, adobo chicken, grilled shrimp, pork carnitas, mashed sweet potatoes, organic tofu, all rice and beans from the menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable

NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SESAME ALLERGY

AVOID these menu items

Mango Cranberry side salad
Adobo Chicken Fajitas
Wild Mahi and Shrimp Teriyaki

Organic Tofu Fajitas
Wild Crab Cake Salad
Hummus (Starters)
Thai Peanut Organic Tofu
Thai Chicken Burrito



*We use natural, wild and organic ingredients whenever possible.

The most current version of this brochure and our most current menu may be found on our website www.aquicalmex.com. This document is subject to change without notice. 4/30/2025

MILK ALLERGY

These items are prepared **without** milk

STARTERS

- Chips and Salsa Fresca
- Black Bean Dip
-order with no sour cream
- Hummus
- Avocado Dip
- Aqui Sampler
-order with no sour cream

MAIN PLATES

- Green Chile Ranch Pork
-order with no sour cream
- West Coast Salmon
- Sonoran Braised Beef
-order with no feta
- Adobo Chicken Fajitas
-order with no cotija cheese
- Wild Mahi and Shrimp Teriyaki

SPECIALTY BOWLS

- Lemon Chicken
- Grilled Salmon
- Adobo Chicken
- Lime-Avocado
-order with no cotija cheese
- Wild Crab Cake

VEGGIE

- Veggie Jambalaya
-order with no feta cheese
- Cubano Bowl
- Thai Peanut Organic Tofu
- Grilled Organic Tofu Fajitas
- Avocado-Roasted Corn Bowl
-order with no cheese
- Firecracker Cauliflower
-order with no chile ranch dressing

SALADS

- Lime-Avocado Chicken
-order with no cotija cheese
- Grilled Salmon
-order with no feta cheese
- Wild Crab Cake

BURRITOS

- Grilled Chicken, Pork Carnitas, Beef or Adobo Chicken
-order with no cheese
- Thai Chicken

SUPREME BOWLS

All Supreme Bowls OK if ordered with no dairy

SMALLER EATS

- Taco Plates
-order with no cheese, no sour cream
- Grilled Salmon Taco

KID'S

- Crisp Chicken
- Grilled Chicken Bowl
-order with no cheese

SIDES

Grilled salmon, grilled chicken, braised beef, adobo chicken, grilled shrimp, pork carnitas, organic tofu, Aqui slaw, mashed sweet potatoes, all rice and beans from the menu

SALSA BAR

- Avoid: Sour Cream
- Avoid: Ranch Dressing
- All other items from the Salsa Bar are acceptable

SOY ALLERGY

These items are prepared **without** soy

STARTERS

- Chips and Salsa Fresca
- Black Bean Dip
- Hummus
- Aqui Sampler
- Avocado Dip

MAIN PLATES

- Sonoran Braised Beef
- Green Chile Ranch Pork
- Blackened Salmon
-order with no slaw
-sub zucchini or broccoli
- West Coast Salmon
-order with no herb aioli
- Chicken Taquitos

SPECIALTY BOWLS

- Grilled Salmon
-order with no aioli

SUPREME BOWLS

- Adobo Chicken
- Pork Carnitas
- Grilled Shrimp
- Braised Beef

VEGGIE

- Veggie Jambalaya
-order with no russet fries
- Avocado Roasted Corn Bowl
- Cubano Bowl

SALADS

- Lime-Avocado Chicken
- Southwest Caesar
-chicken and salmon
add-on OK

SMALLER EATS

- Taco Plates
-No Salmon Taco
- Grilled Chicken Chile Verde

KID'S

- Grilled Chicken Bowl

SIDES

Grilled salmon, grilled chicken, adobo chicken, braised beef, grilled shrimp, pork carnitas, mashed sweet potatoes, all rice and beans from menu

SALSA BAR

- Avoid: Dressings
- All other items from the Salsa Bar are acceptable

ADDITIONAL VEGAN ITEMS

MENU ITEMS

- Veggie Jambalaya
-order with no feta cheese
- Lime-Avocado Chicken Salad
-order with no chicken, no cheese
-sub organic tofu
- Avocado Roasted Corn Bowl
-order with no cheese
- Firecracker Cauliflower
-order with no chile ranch dressing
- Bean & Cheese Burrito
-order with no Monterey Jack

SALSA BAR

- All salsas are acceptable
- Avoid: dressings and sour cream

STARTERS

- Chips and Salsa Fresca
- Black Bean Dip
-order with no sour cream
- Hummus
- Avocado Dip
- Aqui Sampler
-order with no sour cream

SIDES

Organic Tofu, Cauliflower, broccoli; basil zucchini, red cabbage slaw, chipotle corn salsa, mashed sweet potatoes, all beans and rice from our menu

PEANUTS ALLERGY

AVOID these menu items

VEGGIE

- Thai Peanut Organic Tofu

BURRITOS

- Thai Chicken

FISH ALLERGY

AVOID all salmon and wild mahi mahi dishes

CRUSTACEAN SHELLFISH ALLERGY

AVOID crab cake and shrimp dishes

DISHES WITHOUT CILANTRO

STARTERS

- Hummus and Chips
- Black Bean Dip and Chips

MAIN PLATES

- Sonoran Braised Beef
-order with no chipotle corn salsa
- Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or basil zucchini

SPECIALTY BOWLS

- Lemon Chicken
- Grilled Salmon

SALADS

- Southwest Caesar
-all protein add-ons ok
- Wild Crab Cake
-order with no chipotle corn salsa

QUESADILLAS

- Ranchero Beef
- Adobo Chicken
- Grilled Chicken & Monterey Jack
- Goat Cheese

SMALLER EATS

- Vaquero Steak Fries
-order with no salsa fresca
- Shrimp Quesadillas
-order with no pepitas salsa, no lime avocado dressing

SALSA BAR

- Firecracker Chile, Mango Habanero, Ghost Chile, Chipotle Dressing, Ranch Dressing

KID'S

- Bean and Cheese Burrito
-order with no cilantro rice
-sub coconut rice or roasted corn brown rice
- Grilled Chicken Bowl
-order with no cilantro rice
-sub coconut rice or roasted corn brown rice
- Crisp Chicken
-order with no cilantro rice
-sub coconut rice or roasted corn brown rice
- Cheese Quesadilla
-order with no cilantro rice
-sub coconut rice or roasted corn brown rice

SIDES

Grilled salmon, blackened salmon, braised beef, grilled chicken, adobo chicken, pork carnitas, grilled shrimp, broccoli, basil zucchini, all beans, mashed sweet potatoes, organic tofu, crisp cauliflower

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our pepitas salsa, Southwest Caesar Salad, Aqui Slaw and Lime-Avocado Chicken Salad

PROTEINS INFORMATION

Salmon sustainably raised, British Columbia, Canada or Chile

Mahi Mahi wild caught Pacific Ocean, Ecuador

Crab wild caught blue swimmer crab, pasteurized, Indonesia

Shrimp sustainably raised, phosphate free, Indonesia

Chicken Breast natural, minimally processed, USA

Pork natural Calif. Prop 12 crate free, USA

Free Range Chicken Mary's Poultry, no antibiotics ever, air chilled, Central Valley CA

Tofu organic, San Francisco, CA

Braised Beef 100% Australian grass fed beef tri-tip