

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut
Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon, wild mahi mahi and tilapia dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all shrimp dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad, Aqi Slaw, and Lime-Avocado Chicken Salad

ADDITIONAL VEGAN ITEMS

MENU ITEMS

**Firecracker
Cauliflower**

-order with no chile
ranch dressing

**Potato-Mushroom
Cake**

-order with no aioli
and no feta cheese

STARTERS

**Chips and Salsa
Fresca**

Black Bean Dip
-order with no sour
cream

Hummus

Avocado Dip

Aqi Sampler

-order with no sour
cream

SIDES

Organic tofu, broccoli,
pozole escabeche,
chayote-zucchini, Aqi
veggies, chipotle corn
salsa, red cabbage
slaw, mashed sweet
potatoes, all beans and
rice from our menu

SALSA BAR

All salsas are
acceptable

Avoid: dressings and
sour cream

DISHES WITHOUT CILANTRO

CHICKEN • BEEF • PORK

**Cuban Roast Pork
Carnitas**

-order with no plantain
salsa and no pozole
escabeche

**Guajillo Free Range
Chicken**

-order with no
chayote-zucchini and
no herb aioli

-sub with broccoli and
lemon aioli

Lemon Chicken Bowl

SEAFOOD

Blackened Salmon

-order with no Aqi slaw
-sub with broccoli

Grilled Salmon Bowl

-order with no herb aioli
-sub with lemon aioli

**Wild Shrimp Cake and
Enchiladas**

-order with no
chayote-zucchini
-sub with broccoli

SALADS

Southwest Caesar
(all protein add-ons ok)

Wild Shrimp Cake
-order with no chipotle
corn salsa

QUESADILLAS

Adobo Chicken

BBQ Chicken

**Chicken and Monterey
Jack**

KID'S

Organic Tofu Bowl

Crisp Chicken

-order with no
cilantro rice
-sub roasted corn rice

**Bean and Cheese
Burrito**

STARTERS

Hummus and Chips

**Black Bean Dip
and Chips**

SIDES

Grilled salmon,
blackened salmon,
blackened mahi, grass
fed beef, grilled
chicken, adobo
chicken, pork carnitas,
grilled shrimp, crisp
tilapia, all beans,
mashed sweet potatoes,
broccoli, organic tofu,
crisp cauliflower,
roasted corn brown rice,
coconut rice

SALSA BAR

Firecracker Chile,
Mango Habanero,
Ghost Chile,
Chipotle Dressing

Allergy and Food Facts Info

AQUI MENU

8 Major Food Allergies & Horizontal Work Surface

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqi.

See our current store menu or our website for complete item descriptions listed in this brochure.

About Our Vegan Items

We have greatly increased our vegan offerings. We take great care in preparing your vegan items, but we have a horizontal work surface system. This means plates will pass through different stations to be completed. This can lead to possible cross contamination with animal proteins. Our kitchens only have a single fryer which is used to crisp both vegan and non-vegan items. We understand if the information noted will give you pause about enjoying vegan food at Aqi. As always, we appreciate the opportunity to be your kitchen.



The most current version of this brochure and our most current menu may be found on our website.

www.aquicalmex.com

This document is subject to change without notice. 01/2023

WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken
Lime-Avocado Bowl
Cuban Roast Pork Carnitas
Lemon Chicken Bowl
-order with no cauliflower
Grass Fed Beef Tri-Tip
-order with no tortilla strips and no guajillo sauce

TACOS

All OK except Thai and Falafel

NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SEAFOOD

Blackened Salmon
West Coast Salmon
Grilled Salmon Bowl
Grilled Shrimp Tamal
Firecracker Shrimp
-order with no tortilla strips

VEGAN • VEGETARIAN

Blue Corn Tamal
Avocado Roasted Corn Bowl
-order with no tortilla strips

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Grilled Shrimp
Grass Fed Beef
Jackfruit & Organic Lentil

SALADS

Southwest Caesar
-order with no tortilla strips
Grilled Salmon
Lime-Avocado Chicken
-order with no tortilla strips

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, pork carnitas, grass fed beef, grilled shrimp, organic tofu, broccoli, Aqui slaw, chayote-zucchini, mashed sweet potatoes, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip
-order with no sour cream
Hummus
Avocado Dip
Aqui Sampler
-order with no sour cream

CHICKEN • BEEF • PORK

Cuban Roast Pork Carnitas
-order with no cotija cheese
Southwest Chicken Taquitos
-order with no sour cream
Adobo Chicken Lime-Avocado Bowl
-order with no cotija cheese
Adobo Chicken Fajitas
-order with no cotija cheese

SEAFOOD

Grilled Salmon Bowl
West Coast Salmon
Lemongrass Wild Mahi Mahi
Grilled Shrimp Blue Corn Tamal
-order with no sour cream

VEGAN • VEGETARIAN

Thai Peanut Organic Tofu
Sweet Potato Flauta
Blue Corn Tamal
Grilled Mushroom Enchiladas
Potato-Mushroom Cake
-order with no feta cheese

SALADS

Lime-Avocado Chicken
-order with no cotija cheese
Grilled Salmon
-order with no feta cheese
Wild Shrimp Cake
Organic Lentil & Mushroom Cake
-order with no feta cheese

SUPREME BOWLS

All Supreme Bowls OK if ordered with no dairy

TACOS

Grilled Chicken or Pork Carnitas
-order with no cotija cheese
All others OK

BURRITOS

Grilled Chicken, Pork Carnitas, Beef Tri-Tip or Adobo Chicken
-order with no cheese
Baja Shrimp
Thai Chicken
Roasted Corn-Avocado

KID'S

Organic Tofu Bowl
Classic Kid's Chicken Bowl
-order with no cheese

SIDES

Grilled salmon, grilled chicken, grass fed beef, adobo chicken, grilled shrimp, pork carnitas, organic tofu, broccoli, Aqui slaw, mashed sweet potatoes, chayote-zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Sour Cream
Avoid: Ranch Dressing
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken Fajitas
-order with no chipotle dressing
Free Range Chicken Enchiladas
Adobo Chicken Lime-Avocado Bowl
Southwest Chicken Taquitos
Cuban Roast Pork Carnitas
Norteño Beef Filet Enchiladas
Filet Mignon Taquitos
Grass Fed Beef Tri-Tip
-order with no chipotle dressing

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli
Organic Lentil & Mushroom Cake
-order with no aioli

VEGAN • VEGETARIAN

Potato-Mushroom Cake
-order with no aioli
All others OK

SEAFOOD

West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or chayote-zucchini
Grilled Salmon Bowl
-order with no aioli
Lemongrass Wild Mahi Mahi
Grilled Shrimp Blue Corn Tamal

BURRITOS

Grilled Chicken, Beef Tri-Tip, Pork Carnitas or Baja Shrimp
-order with no aioli
Adobo Chicken
Thai Chicken

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Grilled Shrimp
Jackfruit & Organic Lentil
Grass Fed Beef

QUESADILLAS

BBQ Chicken
Adobo Chicken
Chicken and Monterey Jack
Veggie Feta

TACOS

Thai Chicken
Pork Carnitas
Grilled Chicken
Falafel

KID'S

Classic Kid's Chicken Bowl
Organic Tofu Bowl
Simple Cheese Quesadilla
Bean and Cheese Burrito

SIDES

Grilled salmon, grilled chicken, grass fed beef, adobo chicken, grilled shrimp, pork carnitas, mashed sweet potatoes, chayote-zucchini, organic tofu, broccoli, all rice and beans from the menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Filet Mignon Taquitos
Grass Fed Beef Tri-Tip
-order with no chipotle dressing
Norteño Beef Filet Enchiladas
Free Range Chicken Enchiladas
Cuban Roast Pork Carnitas
Southwest Chicken Taquitos

SEAFOOD

West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or chayote-zucchini
Grilled Salmon Bowl
-order with no aioli

VEGAN • VEGETARIAN

Avocado Roasted Corn Bowl
California Enchiladas
Lime-Avocado Enchiladas
Cotija Taquitos
Grilled Mushroom Enchiladas

SALADS

Lime-Avocado Chicken
Southwest Caesar
-chicken and salmon add-on OK

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Grilled Shrimp
Jackfruit-Organic Lentil
Grass Fed Beef

TACOS

Pork Carnitas
Grilled Chicken

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, adobo chicken, grass fed beef, grilled shrimp, pork carnitas, chayote-zucchini, broccoli, mashed sweet potatoes, all rice and beans from menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable