

## PEANUTS ALLERGY

Avoid these menu items

### VEGETARIAN

Thai Peanut  
Organic Tofu

### BURRITOS

Thai Chicken

### TACOS

Thai Chicken

## FISH ALLERGY

Avoid all salmon, wild mahi mahi and tilapia dishes

## CRUSTACEAN SHELLFISH ALLERGY

Avoid all shrimp dishes

## TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad, Aqi Slaw, and Lime-Avocado Chicken Salad

## ADDITIONAL VEGAN ITEMS

### MENU ITEMS

#### Firecracker Cauliflower

-order with no chile  
ranch dressing

#### Potato-Mushroom Cake

-order with no aioli  
and no feta cheese

### STARTERS

#### Chips and Salsa Fresca

**Black Bean Dip**  
-order with no sour  
cream

#### Hummus

#### Avocado Dip

#### Aqi Sampler

-order with no sour  
cream

### SIDES

Organic tofu, broccoli,  
pozole escabeche,  
chayote-zucchini, Aqi  
veggies, chipotle corn  
salsa, red cabbage  
slaw, mashed sweet  
potatoes, all beans and  
rice from our menu

### SALSA BAR

All salsas are  
acceptable

**Avoid:** dressings and  
sour cream

## DISHES WITHOUT CILANTRO

### CHICKEN • BEEF • PORK

#### Cuban Roast Pork Carnitas

-order with no plantain  
salsa and no pozole  
escabeche

#### Guajillo Free Range Chicken

-order with no  
chayote-zucchini and  
no herb aioli  
-sub with broccoli and  
lemon aioli

#### Lemon Chicken Bowl

### SEAFOOD

#### Blackened Salmon

-order with no Aqi slaw  
-sub with broccoli

#### Grilled Salmon Bowl

-order with no herb aioli  
-sub with lemon aioli

#### Wild Shrimp Cake and Enchiladas

-order with no  
chayote-zucchini  
-sub with broccoli

### SALADS

**Southwest Caesar**  
(all protein add-ons ok)

#### Wild Shrimp Cake

-order with no chipotle  
corn salsa

### QUESADILLAS

#### Adobo Chicken

#### BBQ Chicken

#### Chicken and Monterey Jack

### KID'S

#### Organic Tofu Bowl

#### Crisp Chicken

-order with no  
cilantro rice  
-sub roasted corn rice

#### Bean and Cheese Burrito

### STARTERS

#### Hummus and Chips

#### Black Bean Dip and Chips

### SIDES

Grilled salmon,  
blackened salmon,  
blackened mahi, grass  
fed beef, grilled  
chicken, adobo  
chicken, pork carnitas,  
grilled shrimp, crisp  
tilapia, all beans,  
mashed sweet potatoes,  
broccoli, organic tofu,  
crisp cauliflower,  
roasted corn brown rice,  
coconut rice

### SALSA BAR

Firecracker Chile,  
Mango Habanero,  
Ghost Chile,  
Chipotle Dressing

# Allergy and Food Facts Info

## AQUI MENU

### 8 Major Food Allergies & Horizontal Work Surface

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqi.

See our current store menu or our website for complete item descriptions listed in this brochure.

### About Our Vegan Items

We have greatly increased our vegan offerings. We take great care in preparing your vegan items, but we have a horizontal work surface system. This means plates will pass through different stations to be completed. This can lead to possible cross contamination with animal proteins. Our kitchens only have a single fryer which is used to crisp both vegan and non-vegan items. We understand if the information noted will give you pause about enjoying vegan food at Aqi. As always, we appreciate the opportunity to be your kitchen.



The most current version of this brochure and our most current menu may be found on our website.

[www.aquicalmex.com](http://www.aquicalmex.com)

This document is subject to change without notice. 01/2023

## WHEAT ALLERGY

Items prepared without gluten (wheat)

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip

### CHICKEN • BEEF • PORK

Adobo Chicken  
Lime-Avocado Bowl  
Cuban Roast Pork  
Carnitas  
Lemon Chicken Bowl  
-order with no  
cauliflower  
Grass Fed Beef  
Tri-Tip  
-order with no tortilla  
strips and no guajillo  
sauce

### TACOS

All OK except Falafel

### NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

### SEAFOOD

Blackened Salmon  
West Coast Salmon  
Grilled Salmon Bowl  
Grilled Shrimp Tamal  
Firecracker Shrimp  
-order with no tortilla  
strips

### VEGAN • VEGETARIAN

Blue Corn Tamal  
Avocado Roasted  
Corn Bowl  
-order with no  
tortilla strips

### SUPREME BOWLS

Adobo Chicken  
Pork Carnitas  
Grilled Shrimp  
Grass Fed Beef  
Jackfruit & Organic  
Lentil

### SALADS

Southwest Caesar  
-order with no  
tortilla strips  
Grilled Salmon  
Lime-Avocado Chicken  
-order with no  
tortilla strips

### KID'S

Classic Kid's Chicken  
Bowl

### SIDES

Grilled salmon, grilled  
chicken, pork carnitas,  
grass fed beef, grilled  
shrimp, organic tofu,  
broccoli, Aqui slaw,  
chayote-zucchini,  
mashed sweet potatoes,  
all rice and beans from  
the menu

### SALSA BAR

All dressings and salsas  
are acceptable

## MILK ALLERGY

Items prepared without milk

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
-order with no sour  
cream  
Hummus  
Avocado Dip  
Aqui Sampler  
-order with no sour  
cream

### CHICKEN • BEEF • PORK

Cuban Roast Pork  
Carnitas  
-order with no cotija  
cheese  
Southwest Chicken  
Taqitos  
-order with no sour  
cream  
Adobo Chicken  
Lime-Avocado Bowl  
-order with no cotija  
cheese  
Adobo Chicken Fajitas  
-order with no cotija  
cheese

### SEAFOOD

Grilled Salmon Bowl  
West Coast Salmon  
Lemongrass Wild  
Mahi Mahi  
Grilled Shrimp Blue  
Corn Tamal  
-order with no sour  
cream

### VEGAN • VEGETARIAN

Thai Peanut  
Organic Tofu  
Sweet Potato Flauta  
Blue Corn Tamal  
Grilled Mushroom  
Enchiladas  
Potato-Mushroom  
Cake  
-order with no feta  
cheese

### SALADS

Lime-Avocado Chicken  
-order with no cotija  
cheese  
Grilled Salmon  
-order with no feta  
cheese  
Wild Shrimp Cake  
Organic Lentil  
& Mushroom Cake  
-order with no feta  
cheese

### SUPREME BOWLS

All Supreme Bowls OK  
if ordered with no dairy

### TACOS

Grilled Chicken or  
Pork Carnitas  
-order with no cotija  
cheese  
All others OK

### BURRITOS

Grilled Chicken,  
Pork Carnitas,  
Beef Tri-Tip or  
Adobo Chicken  
-order with no cheese  
Baja Shrimp  
Thai Chicken  
Roasted Corn-Avocado

### KID'S

Organic Tofu Bowl  
Classic Kid's  
Chicken Bowl  
-order with no cheese

### SIDES

Grilled salmon, grilled  
chicken, grass fed beef,  
adobo chicken, grilled  
shrimp, pork carnitas,  
organic tofu, broccoli,  
Aqui slaw, mashed  
sweet potatoes,  
chayote-zucchini, all  
rice and beans from  
the menu

### SALSA BAR

Avoid: Sour Cream  
Avoid: Ranch Dressing  
All other items from the  
Salsa Bar are acceptable

## EGG ALLERGY

Items prepared without eggs

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip

### CHICKEN • BEEF • PORK

Adobo Chicken Fajitas  
-order with no  
chipotle dressing  
Free Range Chicken  
Enchiladas  
Adobo Chicken  
Lime-Avocado Bowl  
Southwest Chicken  
Taqitos  
Cuban Roast Pork  
Carnitas  
Norteño Beef Filet  
Enchiladas  
Filet Mignon Taquitos  
Grass Fed Beef Tri-Tip  
-order with no  
chipotle dressing

### SALADS

Southwest Caesar  
Lime-Avocado Chicken  
Grilled Salmon  
-order with no aioli  
Organic Lentil  
& Mushroom Cake  
-order with no aioli

### VEGAN • VEGETARIAN

Potato-Mushroom  
Cake  
-order with no aioli  
All others OK

### SEAFOOD

West Coast Salmon  
-order with no aioli  
Blackened Salmon  
-order with no Aqui slaw  
-sub with broccoli or  
chayote-zucchini  
Grilled Salmon Bowl  
-order with no aioli  
Lemongrass Wild  
Mahi Mahi  
Grilled Shrimp Blue  
Corn Tamal

### BURRITOS

Grilled Chicken, Beef  
Tri-Tip, Pork Carnitas  
or Baja Shrimp  
-order with no aioli  
Adobo Chicken  
Thai Chicken

### SUPREME BOWLS

Adobo Chicken  
Pork Carnitas  
Grilled Shrimp  
Jackfruit & Organic  
Lentil  
Grass Fed Beef

### QUESADILLAS

BBQ Chicken  
Adobo Chicken  
Chicken and  
Monterey Jack  
Veggie Feta

### TACOS

Thai Chicken  
Pork Carnitas  
Grilled Chicken  
Falafel

### KID'S

Classic Kid's  
Chicken Bowl  
Organic Tofu Bowl  
Simple Cheese  
Quesadilla  
Bean and Cheese  
Burrito

### SIDES

Grilled salmon, grilled  
chicken, grass fed beef,  
adobo chicken, grilled  
shrimp, pork carnitas,  
mashed sweet potatoes,  
chayote-zucchini,  
organic tofu, broccoli,  
all rice and beans from  
the menu

### SALSA BAR

Avoid: Dressings  
All other items from the  
Salsa Bar are acceptable

## SOY ALLERGY

Items prepared without soy

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip

### CHICKEN • BEEF • PORK

Filet Mignon Taquitos  
Grass Fed Beef Tri-Tip  
-order with no chipotle  
dressing  
Norteño Beef Filet  
Enchiladas  
Free Range Chicken  
Enchiladas  
Cuban Roast Pork  
Carnitas  
Southwest Chicken  
Taqitos

### SEAFOOD

West Coast Salmon  
-order with no aioli  
Blackened Salmon  
-order with no Aqui slaw  
-sub with broccoli or  
chayote-zucchini  
Grilled Salmon Bowl  
-order with no aioli

### VEGAN • VEGETARIAN

Avocado Roasted  
Corn Bowl  
California Enchiladas  
Lime-Avocado  
Enchiladas  
Cotija Taquitos  
Grilled Mushroom  
Enchiladas

### SALADS

Lime-Avocado Chicken  
Southwest Caesar  
-chicken and salmon  
add-on OK

### SUPREME BOWLS

Adobo Chicken  
Pork Carnitas  
Grilled Shrimp  
Jackfruit-Organic  
Lentil  
Grass Fed Beef

### TACOS

Pork Carnitas  
Grilled Chicken

### KID'S

Classic Kid's Chicken  
Bowl

### SIDES

Grilled salmon, grilled  
chicken, adobo chicken,  
grass fed beef, grilled  
shrimp, pork carnitas,  
chayote-zucchini,  
broccoli, mashed sweet  
potatoes, all rice and  
beans from menu

### SALSA BAR

Avoid: Dressings  
All other items from  
the Salsa Bar are  
acceptable