

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut
Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon, wild mahi mahi and tilapia dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all shrimp dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

ADDITIONAL VEGAN ITEMS

MENU ITEMS

Firecracker
Cauliflower

-order with no chile
ranch dressing

Potato-Mushroom
Croquetas

-order with no aioli
and no feta cheese

STARTERS

Chips and Salsa
Fresca

Black Bean Dip

-order with no sour
cream

Hummus

Avocado Dip

Aqui Sampler

-order with no sour
cream

SIDES

Organic tofu, broccoli,
pozole escabeche,
chayote-zucchini, Aqui
veggies, chipotle corn
salsa, red cabbage
slaw, mashed sweet
potatoes, all beans and
rice from our menu

SALSA BAR

All salsas are
acceptable

Avoid: dressings and
sour cream

DISHES WITHOUT CILANTRO

CHICKEN • BEEF • PORK

Cuban Roast Pork
Carnitas

-order with no plantain
salsa

Monterey Chicken

-order with no aioli

SEAFOOD

Blackened Salmon

-order with no Aqui slaw
-sub with broccoli

Grilled Salmon Bowl

-order with no herb aioli
-sub with lemon aioli

Wild Shrimp Cake and
Enchiladas

-order with no
chayote-zucchini
-sub with broccoli

SALADS

Southwest Caesar

(all protein add-ons ok)

Wild Shrimp Cake

-order with no chipotle
corn salsa

QUESADILLAS

Adobo Chicken

BBQ Chicken

Chicken and Monterey
Jack

KID'S

Organic Tofu Bowl

Crisp Chicken

-order with no
cilantro rice
-sub roasted corn rice

Bean and Cheese
Burrito

STARTERS

Hummus and Chips

Black Bean Dip
and Chips

SIDES

Grilled salmon,
blackened salmon,
blackened mahi,
grilled chicken, adobo
chicken, pork carnitas,
grilled shrimp, crisp
tilapia, all beans,
mashed sweet potatoes,
broccoli, organic tofu,
crisp cauliflower,
roasted corn brown rice,
coconut rice

SALSA BAR

Firecracker Chile,
Mango Habanero,
Ghost Chile,
Chipotle Dressing

Allergy and Food Facts Info

AQUI MENU

8 Major Food Allergies & Horizontal Work Surface

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.

About Our Vegan Items

We have greatly increased our vegan offerings. We take great care in preparing your vegan items, but we have a horizontal work surface system. This means plates will pass through different stations to be completed. This can lead to possible cross contamination with animal proteins. Our kitchens only have a single fryer which is used to crisp both vegan and non-vegan items. We understand if the information noted will give you pause about enjoying vegan food at Aqui. As always, we appreciate the opportunity to be your kitchen.



The most current version of this brochure and our most current menu may be found on our website.

www.aquicalmex.com

WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken
Lime-Avocado Bowl
Cuban Roast Pork Carnitas
Lemon Chicken Bowl
Pork Carnitas Mole Tamal

SEAFOOD

Blackened Salmon
West Coast Salmon
Grilled Salmon Bowl
Firecracker Shrimp
-order with no tortilla strips

VEGAN • VEGETARIAN

Organic Greens-Veggie Tamal
-order with no yucca chips
Avocado Roasted Corn Bowl
-order with no tortilla strips

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Grilled Shrimp

TACOS

Pork Carnitas, Grilled Chicken or Shrimp
-order with no corn/wheat tortillas
-sub with 100% corn tortillas

NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SALADS

Southwest Caesar
-order with no tortilla strips
Grilled Salmon
Lime-Avocado Chicken
-order with no tortilla strips

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, pork carnitas, grilled shrimp, organic tofu, broccoli, Aqui slaw, chayote-zucchini, mashed sweet potatoes, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip
-order with no sour cream
Hummus
Avocado Dip

Aqui Sampler
-order with no sour cream

CHICKEN • BEEF • PORK

Cuban Roast Pork Carnitas
-order with no cotija cheese
Pork Carnitas Mole Tamal
-order with no sour cream and no cotija cheese
Southwest Chicken Taquitos
-order with no sour cream
Adobo Chicken Lime-Avocado Bowl
-order with no cotija cheese
Adobo Chicken Fajitas
-order with no cotija cheese

KID'S

Organic Tofu Bowl
Classic Kid's Chicken Bowl
-order with no cheese

SUPREME BOWLS

Adobo Chicken, Pork Carnitas, Tilapia or Grilled Shrimp
-order with no sour cream and no cheese

TACOS

Grilled Chicken or Pork Carnitas
-order with no cotija cheese
All others OK

SEAFOOD

Grilled Salmon Bowl
West Coast Salmon
Lemongrass Wild Mahi Mahi
Caribbean Wild Mahi Mahi

VEGAN • VEGETARIAN

Thai Peanut Organic Tofu
Sweet Potato Flauta
Veggie-Crunchy Yucca Stack
Organic Greens-Veggie Tamal
Grilled Mushroom Enchiladas
Lemongrass Organic Tofu

SALADS

Lime-Avocado Chicken
-order with no cotija cheese
Grilled Salmon
-order with no feta cheese
Wild Shrimp Cake

BURRITOS

Grilled Chicken, Pork Carnitas or Adobo Chicken
-order with no cheese
Baja Shrimp
Thai Chicken
Roasted Corn-Avocado

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, organic tofu, broccoli, Aqui slaw, mashed sweet potatoes, chayote-zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Sour Cream
Avoid: Ranch Dressing
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken Fajitas
-order with no chipotle dressing
Free Range Chicken Enchiladas
Adobo Chicken Lime-Avocado Bowl
Southwest Chicken Taquitos
Cuban Roast Pork Carnitas
Norteño Filet Mignon Enchiladas
Chicken Chile Verde
Filet Mignon Taquitos
Pork Carnitas Mole Tamal

VEGAN • VEGETARIAN

Potato-Mushroom Croquetas
-order with no aioli
All others OK

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli

SEAFOOD

West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or chayote-zucchini
Grilled Salmon Bowl
-order with no aioli
Lemongrass Wild Mahi Mahi
Caribbean Wild Mahi Mahi
-order with no aioli

BURRITOS

Grilled Chicken, Pork Carnitas or Baja Shrimp
-order with no aioli
Adobo Chicken
Thai Chicken

QUESADILLAS

BBQ Chicken
Adobo Chicken
Chicken and Monterey Jack
Veggie Feta

TACOS

Thai Chicken
Pork Carnitas
Grilled Chicken
Falafel

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Grilled Shrimp

KID'S

Classic Kid's Chicken Bowl
Organic Tofu Bowl
Simple Cheese Quesadilla
Bean and Cheese Burrito

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, mashed sweet potatoes, chayote-zucchini, organic tofu, broccoli, all rice and beans from the menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Pork Carnitas Mole Tamal
Chicken Chile Verde
Filet Mignon Taquitos
Norteño Filet Mignon Enchiladas
Free Range Chicken Enchiladas
Cuban Roast Pork Carnitas
Southwest Chicken Taquitos

SUPREME BOWLS

Adobo Chicken
Pork Carnitas
Grilled Shrimp

SEAFOOD

Caribbean Wild Mahi Mahi
-order with no aioli
West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or chayote-zucchini
Grilled Salmon Bowl
-order with no aioli

VEGAN • VEGETARIAN

Avocado Roasted Corn Bowl
California Enchiladas
Lime-Avocado Enchiladas
Cotija Taquitos
Grilled Mushroom Enchiladas

SALADS

Lime-Avocado Chicken
Southwest Caesar
-chicken and salmon add-on OK

TACOS

Pork Carnitas
Grilled Chicken

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, chayote-zucchini, broccoli, mashed sweet potatoes, all rice and beans from menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable