

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut
Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon, wild mahi mahi and tilapia dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all shrimp dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

VEGAN MENU ITEMS

MENU ITEMS

Thai Peanut
Organic Tofu

Avocado Roasted
Corn Bowl

-order with no cheese

Lemongrass
Organic Tofu

Falafel Tacos

-order with no cotija
cheese

Firecracker Falafel

-order with no chile
ranch dressing and
no cotija cheese

Lime-Avocado Chicken
Salad

-order with no chicken
and no cheese

-sub with organic tofu

STARTERS

Chips and Salsa
Fresca

Avocado Dip

Hummus

Black Bean Dip

Aqui Sampler

SIDES

Organic Tofu, Broccoli,
Pozole Escabeche,
Chayote-Zucchini,
Aqui Veggies, Chipotle
Corn Salsa, Red
Cabbage Slaw, Mashed
Sweet Potatoes, All
beans and rice from
our menu

SALSA BAR

All salsas are
acceptable

Avoid: dressings and
sour cream

DISHES WITHOUT CILANTRO

CHICKEN • BEEF • PORK

Lemon Chicken Bowl

Lemon Chipotle
Chicken

-order with no
chayote-zucchini
-sub with broccoli

SEAFOOD

Blackened Salmon

-order with no Aqui slaw
-sub with broccoli

Grilled Salmon Bowl

-order with no herb aioli
-sub with lemon aioli

Blackened Wild
Mahi Mahi

-order with no Aqui slaw
-sub with broccoli

Wild Shrimp Cake and
Enchiladas

-order with no
chayote-zucchini
-sub with broccoli

SALADS

Southwest Caesar

(all protein add-ons ok)

Wild Shrimp Cake

-order with no chipotle
corn salsa

QUESADILLAS

Adobo Chicken

BBQ Chicken

Chicken and Monterey
Jack

KID'S

Organic Tofu Bowl

Crisp Chicken or Tilapia

-order with no
cilantro rice
-sub roasted corn rice

Bean and Cheese
Burrito

STARTERS

Hummus and Chips

Black Bean Dip
and Chips

SIDES

Grilled salmon,
blackened salmon,
blackened mahi mahi,
grilled chicken, adobo
chicken, pork carnitas,
beef, grilled shrimp,
crisp tilapia, all beans,
mashed sweet potatoes,
broccoli, tofu, crisp
cauliflower, roasted
corn brown rice,
coconut rice

SALSA BAR

Firecracker Chile,
Mango Habanero,
Ghost Chile,
Chipotle Dressing

Allergy and Food Facts Info

AQUI SEASONAL MENU

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



The most current version of this brochure and our most current menu may be found on our website.

www.aquimex.com

WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken
Lime-Avocado Bowl

Cuban Roast Pork
Carnitas
–order with no red chips

Lemon Chicken Bowl
–order with no crisp
cauliflower

SEAFOOD

Blackened Salmon
–order with no red chips

West Coast Salmon

Blackened Wild
Mahi Mahi
–order with no red chips

Grilled Salmon Bowl

Firecracker Shrimp
–order with no tortilla
strips

VEGETARIAN

Avocado Roasted
Corn Bowl
–order with no
tortilla strips

TACOS

Pork Carnitas
Grilled Chicken or Beef
–order with no
corn/wheat tortillas
–sub with 100% corn
tortillas

SALADS

Southwest Caesar
–order with no
tortilla strips

BBQ Chicken Jalapeño
Ranch
–order with no tortilla
strips

Grilled Salmon
–order with no
wheat chips

Lime-Avocado Chicken
–order with no
tortilla strips

KID'S

Classic Kid's Chicken
Bowl

SIDES

Grilled salmon, grilled
chicken, pork carnitas,
beef, grilled shrimp,
tofu, broccoli, Aqi
slaw, chayote-zucchini,
mashed sweet potatoes,
all rice and beans from
the menu

SALSA BAR

All dressings and salsas
are acceptable

NOTE

Many foods in our kitchen
contain gluten (wheat)
ingredients, so interaction
of ingredients is possible
given our horizontal work
surface system. These
dishes from our menu are
prepared without gluten
ingredients and we cannot
make any other
accommodations. Due to
our horizontal work surface
system, we cannot
guarantee that the items
listed here are 100% gluten
free. Thank you for
understanding.

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Avocado Dip
Aqui Sampler

CHICKEN • BEEF • PORK

Lemon Chicken Bowl

Southwest Chicken
Taqitos
–order with no sour
cream

Adobo Chicken
Lime-Avocado Bowl
–order with no cotija
cheese

Adobo Chicken Fajitas
–order with no cotija
cheese

TACOS

All–order with no cheese

SEAFOOD

Grilled Salmon Bowl
West Coast Salmon
Lemongrass Wild
Mahi Mahi

VEGETARIAN

Thai Peanut
Organic Tofu

Falafel Tacos
–order with no cotija
cheese

Lemongrass
Organic Tofu

Avocado Roasted
Corn Bowl
–order with no cheese

SALADS

Lime-Avocado
Chicken
–order with no cotija
cheese

Grilled Salmon
–order with no feta
cheese

Wild Shrimp Cake

BURRITOS

All–order with no
Monterey Jack cheese

KID'S

Organic Tofu Bowl
Classic Kid's
Chicken Bowl
–order with no cheese

SIDES

Grilled salmon, grilled
chicken, adobo chicken,
grilled shrimp, pork
carnitas, beef, tofu,
broccoli, Aqi slaw,
mashed sweet potatoes,
chayote-zucchini, all
rice and beans from
the menu

SALSA BAR

Avoid: Sour Cream

Avoid: Ranch Dressing

All other items from the
Salsa Bar are acceptable

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Free Range Chicken
Enchiladas

Lemon Chicken Bowl
–order with no crisp
cauliflower and no
lemon aioli

Shredded Beef Taquitos

Cuban Roast Pork
Carnitas

Southwest Chicken
Taqitos

Adobo Chicken
Lime-Avocado Bowl
–order with no
Aqui veggies

SEAFOOD

Blackened Wild
Mahi Mahi
–order with no Aqi slaw
–sub with broccoli or
chayote-zucchini

West Coast Salmon
–order with no aioli

Blackened Salmon
–order with no Aqi slaw
–sub with broccoli or
chayote-zucchini

Grilled Salmon Bowl
–order with no aioli

VEGETARIAN

Avocado Roasted
Corn Bowl

California Enchiladas

Lime-Avocado
Enchiladas

Cotija Taquitos

Plantain Taquitos

SALADS

Lime-Avocado Chicken

Southwest Caesar
–chicken and salmon
add-on OK

TACOS

Pork Carnitas,
Grilled Chicken or Beef

KID'S

Classic Kid's Chicken
Bowl

SIDES

Grilled salmon, grilled
chicken, adobo chicken,
grilled shrimp, pork
carnitas, beef, chayote-
zucchini, broccoli,
mashed sweet potatoes,
all rice and beans
from menu

SALSA BAR

Avoid: Dressings

All other items from
the Salsa Bar are
acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Shredded Beef Taquitos

Adobo Chicken Fajitas
–order with no
chipotle dressing

Free Range Chicken
Enchiladas

Adobo Chicken
Lime-Avocado Bowl

Southwest Chicken
Taqitos

Grass Fed Beef
Enchiladas

Cuban Roast Pork
Carnitas

SALADS

Southwest Caesar

Lime-Avocado Chicken

Grilled Salmon
–order with no aioli

SEAFOOD

West Coast Salmon
–order with no aioli

Blackened Salmon
–order with no Aqi slaw
–sub with broccoli or
chayote-zucchini

Grilled Salmon Bowl
–order with no aioli

Lemongrass Wild
Mahi Mahi

Blackened Wild
Mahi Mahi
–order with no Aqi slaw
–sub with broccoli or
chayote-zucchini

VEGETARIAN

California Enchiladas

Cotija Taquitos

Lemongrass
Organic Tofu

Plantain Taquitos

Lime-Avocado
Enchiladas

Thai Peanut
Organic Tofu

Avocado Roasted
Corn Bowl

BURRITOS

Grilled Chicken,
Pork Carnitas or Beef
–order with no aioli

Adobo Chicken

Thai Chicken

QUESADILLAS

BBQ Chicken
Adobo Chicken
Chicken and
Monterey Jack
Veggie Feta

TACOS

Thai Chicken
Pork Carnitas
Grilled Chicken
Beef

KID'S

Classic Kid's
Chicken Bowl

Organic Tofu Bowl

Simple Cheese
Quesadilla

Bean and Cheese
Burrito

SIDES

Grilled salmon, grilled
chicken, adobo chicken,
grilled shrimp, pork
carnitas, beef, mashed
sweet potatoes,
chayote-zucchini, tofu,
broccoli, all rice and
beans from the menu

SALSA BAR

Avoid: Dressings

All other items from the
Salsa Bar are acceptable