

## PEANUTS ALLERGY

Avoid these menu items

### VEGETARIAN

Thai Peanut  
Organic Tofu

### BURRITOS

Thai Chicken

### TACOS

Thai Chicken

## FISH ALLERGY

Avoid all salmon, wild mahi mahi and tilapia dishes

## CRUSTACEAN SHELLFISH ALLERGY

Avoid all shrimp dishes

## TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

## VEGAN MENU ITEMS

### MENU ITEMS

Thai Peanut  
Organic Tofu

Avocado Roasted  
Corn Bowl

-order with no cheese

Lime-Avocado  
Chicken Salad

-order with no chicken  
and no cheese  
-sub with organic tofu

Organic Tofu  
Jambalaya

-order with no aioli  
and no crisp  
cauliflower

Falafel Tacos

-order with no cotija  
cheese and no  
chipotle dressing

Firecracker Falafel

-order with no chile  
ranch dressing and no  
cotija cheese  
-sub with lemongrass  
sauce

### STARTERS

Chips and Salsa  
Fresca

Avocado Dip

Hummus

Black Bean Dip

Aqui Sampler

### SIDES

Organic Tofu, Broccoli,  
Escabeche Veggies,  
Chayote-Zucchini,  
Red Cabbage Slaw,  
Mashed Sweet  
Potatoes, All beans  
and rice from our menu

### SALSA BAR

All salsas are  
acceptable

Avoid: dressings and  
sour cream

## DISHES WITHOUT CILANTRO

### CHICKEN • BEEF • PORK

Lemon Chicken Bowl

### SEAFOOD

Blackened Salmon

-order with no Aqi slaw  
-sub with broccoli

Grilled Salmon Bowl

-order with no herb aioli  
-sub with lemon aioli

Wild Mahi Mahi  
Jambalaya

-order with no sweet  
potato salsa

### SALADS

Southwest Caesar

(all protein add-ons ok)

Wild Shrimp Cake

-order with no  
chipotle corn salsa

### QUESADILLAS

Adobo Chicken

BBQ Chicken

Chicken and Monterey  
Jack

### KID'S

Organic Tofu Bowl

Crisp Chicken or  
Tilapia

-order with no  
cilantro rice  
-sub roasted corn rice

Bean and Cheese  
Burrito

### STARTERS

Hummus and Chips

Black Bean Dip  
and Chips

### SIDES

Grilled salmon,  
blackened salmon,  
blackened mahi mahi,  
grilled chicken, adobo  
chicken, pork carnitas,  
grass fed beef, grilled  
shrimp, crisp tilapia,  
all beans, mashed  
sweet potatoes,  
broccoli, tofu, crisp  
cauliflower, roasted  
corn brown rice,  
coconut rice

### SALSA BAR

Firecracker Chile,  
Mango Habanero,  
Ghost Chile,  
Chipotle Dressing

# Allergy and Food Facts Info

## AQUI SEASONAL MENU

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



The most current version of this brochure and our most current menu may be found on our website.

[www.aquimex.com](http://www.aquimex.com)

## WHEAT ALLERGY

Items prepared without gluten (wheat)

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip

### CHICKEN • BEEF • PORK

Adobo Chicken  
Lime-Avocado Bowl  
Cuban Roast Pork Carnitas  
–order with no tamal  
Lemon Chicken Bowl  
–order with no crisp cauliflower

### SEAFOOD

Blackened Salmon  
–order with no chip garnish  
West Coast Salmon  
Wild Mahi Mahi Jambalaya  
–order with no crisp cauliflower  
Grilled Salmon Bowl  
Firecracker Shrimp  
–order with no tortilla strips

### VEGETARIAN

Organic Tofu Jambalaya  
–order with no crisp cauliflower  
Avocado Roasted Corn Bowl  
–order with no tortilla strips

### TACOS

Pork Carnitas, Grilled Chicken or Grass Fed Beef  
–order with no corn/wheat tortillas  
–sub with 100% corn tortillas

### SALADS

Southwest Caesar  
–order with no tortilla strips  
BBQ Chicken Jalapeño Ranch  
–order with no tortilla strips  
Grilled Salmon  
–order with no wheat chips  
Lime-Avocado Chicken  
–order with no tortilla strips

### KID'S

Classic Kid's Chicken Bowl

### SIDES

Grilled salmon, grilled chicken, pork carnitas, grilled shrimp, tofu, broccoli, Aqui slaw, grass fed beef, chayote-zucchini, mashed sweet potatoes, broccoli, all rice and beans from the menu

### SALSA BAR

All dressings and salsas are acceptable

### NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

## SOY ALLERGY

Items prepared without soy

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip  
Tomatillo Soup

### CHICKEN • BEEF • PORK

Free Range Chicken Enchiladas  
Lemon Chicken Bowl  
–order with no crisp cauliflower and no lemon aioli  
Cuban Roast Pork Carnitas  
Southwest Chicken Taquitos  
Adobo Chicken  
Lime-Avocado Bowl  
–order with no Aqui veggies

### SEAFOOD

Wild Mahi Mahi Jambalaya  
–order with no crisp cauliflower and no aioli  
West Coast Salmon  
–order with no aioli  
Blackened Salmon  
–order with no Aqui slaw  
–sub with broccoli or chayote-zucchini

### VEGETARIAN

Avocado Roasted Corn Bowl  
California Combo  
Lime-Avocado Enchiladas  
Cotija Taquitos

### SALADS

Lime-Avocado Chicken  
Southwest Caesar  
–chicken and salmon add-on OK

### TACOS

Pork Carnitas, Grilled Chicken or Grass Fed Beef

### KID'S

Classic Kid's Chicken Bowl

### SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, chayote-zucchini, broccoli, mashed sweet potatoes, all rice and beans from menu

### SALSA BAR

Avoid: Dressings  
All other items from the Salsa Bar are acceptable

## MILK ALLERGY

Items prepared without milk

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Avocado Dip  
Aqui Sampler

### CHICKEN • BEEF • PORK

Lemon Chicken Bowl  
Lemongrass Chicken  
Southwest Chicken Taquitos  
–order with no sour cream

Adobo Chicken  
Lime-Avocado Bowl  
–order with no cotija cheese

Adobo Chicken Fajitas  
–order with no cotija cheese

### TACOS

All–order with no cheese

### SEAFOOD

Grilled Salmon Bowl  
West Coast Salmon  
Wild Mahi Mahi Jambalaya

### VEGETARIAN

Thai Peanut Organic Tofu  
Organic Tofu Jambalaya  
Firecracker Falafel  
–order with no cotija cheese  
Avocado Roasted Corn Bowl  
–order with no cheese

### SALADS

Lime-Avocado Chicken  
–order with no cotija cheese  
Grilled Salmon  
–order with no feta cheese

### BURRITOS

All–order with no Monterey Jack cheese

### KID'S

Organic Tofu Bowl  
Classic Kid's Chicken Bowl  
–order with no cheese

### SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, tofu, broccoli, Aqui slaw, mashed sweet potatoes, chayote-zucchini, all rice and beans from the menu

### SALSA BAR

Avoid: Sour Cream  
Avoid: Ranch Dressing  
All other items from the Salsa Bar are acceptable

## EGG ALLERGY

Items prepared without eggs

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip  
Tomatillo Soup

### CHICKEN • BEEF • PORK

Shredded Beef Taquitos  
Adobo Chicken Fajitas  
–order with no chipotle dressing  
Free Range Chicken Enchiladas

Adobo Chicken  
Lime-Avocado Bowl  
Southwest Chicken Taquitos  
Grass Fed Beef Enchiladas

Cuban Roast Pork Carnitas  
Lemongrass Chicken

### SALADS

Southwest Caesar  
Lime-Avocado Chicken  
Grilled Salmon  
–order with no aioli

### SEAFOOD

West Coast Salmon  
–order with no aioli  
Blackened Salmon  
–order with no Aqui slaw  
–sub with any vegetable  
Grilled Salmon Bowl  
–order with no aioli  
Lemongrass Wild Mahi Mahi  
Wild Mahi Mahi Jambalaya  
–order with no crisp cauliflower and no aioli

### VEGETARIAN

California Combo  
Cotija Taquitos  
Organic Tofu Jambalaya  
–order with no crisp cauliflower and no aioli  
Lime-Avocado Enchiladas  
Thai Peanut Organic Tofu  
Avocado Roasted Corn Bowl

### BURRITOS

Grilled Chicken, Pork Carnitas or Grass Fed Beef  
–order with no aioli  
Adobo Chicken  
Thai Chicken

### QUESADILLAS

BBQ Chicken  
Adobo Chicken  
Chicken and Monterey Jack  
Veggie Feta

### TACOS

Thai Chicken  
Pork Carnitas  
Grilled Chicken  
Grass Fed Beef

### KID'S

Classic Kid's Chicken Bowl  
Organic Tofu Bowl  
Simple Cheese Quesadilla  
Bean and Cheese Burrito

### SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, mashed sweet potatoes, chayote-zucchini, tofu, broccoli, all rice and beans from the menu

### SALSA BAR

Avoid: Dressings  
All other items from the Salsa Bar are acceptable