

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut
Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon, wild mahi mahi and tilapia dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all shrimp dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

VEGAN MENU ITEMS

MENU ITEMS

Thai Peanut
Organic Tofu

Avocado Roasted
Corn Bowl

-order with no cheese

Lime-Avocado
Chicken Salad

-order with no chicken
and no cheese
-sub with organic tofu

Organic Tofu
Jambalaya

-order with no aioli
and no crisp
cauliflower

Falafel Tacos

-order with no cotija
cheese and no
chipotle dressing

Firecracker Falafel

-order with no chile
ranch dressing and no
cotija cheese
-sub with lemongrass
sauce

STARTERS

Chips and Salsa
Fresca

Avocado Dip

Hummus

Black Bean Dip

Aqui Sampler

SIDES

Organic Tofu, Broccoli,
Escabeche Veggies,
Chayote-Zucchini,
Red Cabbage Slaw,
Mashed Sweet
Potatoes, All beans
and rice from our menu

SALSA BAR

All salsas are
acceptable

Avoid: dressings and
sour cream

DISHES WITHOUT CILANTRO

CHICKEN • BEEF • PORK

Lemon Chicken Bowl

SEAFOOD

Blackened Salmon

-order with no AQUI slaw
-sub with broccoli

Grilled Salmon Bowl

-order with no herb aioli
-sub with lemon aioli

Wild Mahi Mahi
Jambalaya

-order with no sweet
potato salsa

SALADS

Southwest Caesar

(all protein add-ons ok)

Wild Shrimp Cake

-order with no
chipotle corn salsa

QUESADILLAS

Adobo Chicken

BBQ Chicken

Chicken and Monterey
Jack

KID'S

Organic Tofu Bowl

Crisp Chicken or
Tilapia

-order with no
cilantro rice
-sub roasted corn rice

Bean and Cheese
Burrito

STARTERS

Hummus and Chips

Black Bean Dip
and Chips

SIDES

Grilled salmon,
blackened salmon,
blackened mahi mahi,
grilled chicken, adobo
chicken, pork carnitas,
grass fed beef, grilled
shrimp, crisp tilapia,
all beans, mashed
sweet potatoes,
broccoli, tofu, crisp
cauliflower, roasted
corn brown rice,
coconut rice

SALSA BAR

Firecracker Chile,
Mango Habanero,
Ghost Chile,
Chipotle Dressing

Allergy and Food Facts Info

AQUI SEASONAL MENU

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



The most current version of this brochure and our most current menu may be found on our website.

www.aquicalmex.com

WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken
Lime-Avocado Bowl
Cuban Roast Pork Carnitas
Lemon Chicken Bowl
-order with no crisp cauliflower

SEAFOOD

Blackened Salmon
-order with no chip garnish
West Coast Salmon
Wild Mahi Mahi Jambalaya
-order with no crisp cauliflower
Grilled Salmon Bowl
Firecracker Shrimp
-order with no tortilla strips

VEGETARIAN

Organic Tofu Jambalaya
-order with no crisp cauliflower
Avocado Roasted Corn Bowl
-order with no tortilla strips

TACOS

Pork Carnitas, Grilled Chicken or Grass Fed Beef
-order with no corn/wheat tortillas
-sub with 100% corn tortillas

SALADS

Southwest Caesar
-order with no tortilla strips
BBQ Chicken Jalapeño Ranch
-order with no tortilla strips
Grilled Salmon
-order with no wheat chips
Lime-Avocado Chicken
-order with no tortilla strips

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, pork carnitas, grilled shrimp, tofu, broccoli, Aqui slaw, grass fed beef, chayote-zucchini, mashed sweet potatoes, broccoli, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip
Tomatillo Soup

CHICKEN • BEEF • PORK

Free Range Chicken Enchiladas
Lemon Chicken Bowl
-order with no crisp cauliflower and no lemon aioli
Cuban Roast Pork Carnitas
Southwest Chicken Taquitos
Adobo Chicken
Lime-Avocado Bowl
-order with no Aqui veggies

SEAFOOD

Wild Mahi Mahi Jambalaya
-order with no crisp cauliflower and no aioli
West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or chayote-zucchini

VEGETARIAN

Avocado Roasted Corn Bowl
California Combo
Lime-Avocado Enchiladas
Cotija Taquitos

SALADS

Lime-Avocado Chicken
Southwest Caesar
-chicken and salmon add-on OK

TACOS

Pork Carnitas, Grilled Chicken or Grass Fed Beef

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, chayote-zucchini, broccoli, mashed sweet potatoes, all rice and beans from menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Avocado Dip
Aqui Sampler

CHICKEN • BEEF • PORK

Lemon Chicken Bowl
Lemongrass Chicken
Southwest Chicken Taquitos
-order with no sour cream
Adobo Chicken
Lime-Avocado Bowl
-order with no cotija cheese
Adobo Chicken Fajitas
-order with no cotija cheese

TACOS

All-order with no cheese

SEAFOOD

Grilled Salmon Bowl
West Coast Salmon
Wild Mahi Mahi Jambalaya

VEGETARIAN

Thai Peanut Organic Tofu
Organic Tofu Jambalaya
Firecracker Falafel
-order with no cotija cheese
Avocado Roasted Corn Bowl
-order with no cheese

SALADS

Lime-Avocado Chicken
-order with no cotija cheese
Grilled Salmon
-order with no feta cheese

BURRITOS

All-order with no Monterey Jack cheese

KID'S

Organic Tofu Bowl
Classic Kid's Chicken Bowl
-order with no cheese

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, tofu, broccoli, Aqui slaw, mashed sweet potatoes, chayote-zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Sour Cream
Avoid: Ranch Dressing
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip
Tomatillo Soup

CHICKEN • BEEF • PORK

Shredded Beef Taquitos
Adobo Chicken Fajitas
-order with no chipotle dressing
Free Range Chicken Enchiladas
Adobo Chicken
Lime-Avocado Bowl
Southwest Chicken Taquitos
Grass Fed Beef Enchiladas
Cuban Roast Pork Carnitas
Lemongrass Chicken

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli

SEAFOOD

West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with any vegetable
Grilled Salmon Bowl
-order with no aioli
Lemongrass Wild Mahi Mahi
Wild Mahi Mahi Jambalaya
-order with no crisp cauliflower and no aioli

VEGETARIAN

California Combo
Cotija Taquitos
Organic Tofu Jambalaya
-order with no crisp cauliflower and no aioli
Lime-Avocado Enchiladas
Thai Peanut Organic Tofu
Avocado Roasted Corn Bowl

BURRITOS

Grilled Chicken, Pork Carnitas or Grass Fed Beef
-order with no aioli
Adobo Chicken
Thai Chicken

QUESADILLAS

BBQ Chicken
Adobo Chicken
Chicken and Monterey Jack
Veggie Feta

TACOS

Thai Chicken
Pork Carnitas
Grilled Chicken
Grass Fed Beef

KID'S

Classic Kid's Chicken Bowl
Organic Tofu Bowl
Simple Cheese Quesadilla
Bean and Cheese Burrito

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, mashed sweet potatoes, chayote-zucchini, tofu, broccoli, all rice and beans from the menu

SALSA BAR

Avoid: Dressings
All other items from the Salsa Bar are acceptable