

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut
Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon and tilapia dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all crab and shrimp dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

VEGAN MENU ITEMS

MENU ITEMS

Thai Peanut
Organic Tofu

Avocado Roasted
Corn Bowl

-order with no cheese

Lime-Avocado
Chicken Salad

-order with no chicken
and no aioli
-sub with organic tofu

Firecracker
Organic Tofu

-order with no chile
ranch dressing, no
crisp cauliflower
and no cheese

-sub with escabeche
veggies

Crisp Chicken, Red
Grape & Kale Salad

-order with no chicken
and no cheese
-sub with organic tofu

Tortilla Stack

-order with no chile
ranch dressing and
no cheese

STARTERS

Chips and Salsa
Fresca

Avocado Dip

Hummus

Black Bean Dip

Aqui Sampler

SIDES

Organic Tofu, Broccoli,
Escabeche Veggies,
Chayote-Zucchini,
Red Cabbage Slaw,
Cauliflower-chickpea
Mash, Mashed Sweet
Potatoes, All beans
and rice from our menu

SALSA BAR

All salsas are
acceptable

Avoid: dressings and
sour cream

DISHES WITHOUT CILANTRO

CHICKEN • BEEF • PORK

Lemon Chicken

SEAFOOD

Blackened Salmon

-order with no Aqui slaw
-sub with broccoli

Grilled Salmon Bowl

-order with no herb aioli
-sub with lemon aioli

SALADS

Southwest Caesar

(all protein add-ons ok)

Crisp Chicken, Red
Grape & Kale

Wild Rock Crab Cake

-order with no
chipotle corn salsa

QUESADILLAS

Adobo Chicken

BBQ Chicken

Chicken and Monterey
Jack

KID'S

Crisp Chicken or
Tilapia

-order with no cilantro
rice
-sub roasted corn rice

Bean and Cheese
Burrito

STARTERS

Hummus and Chips

Black Bean Dip
and Chips

SIDES

Grilled salmon,
blackened salmon,
grilled chicken, adobo
chicken, pork carnitas,
grass fed beef, grilled
shrimp, crisp tilapia,
all beans, mashed
sweet potatoes,
broccoli, tofu, crisp
cauliflower, roasted
corn brown rice

SALSA BAR

Firecracker Chile,
Mango Habanero,
Ghost Chile, Chipotle
Dressing

Allergy and Food Facts Info

AQUI SEASONAL MENU

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



NATURAL • WILD • ORGANIC

The most current version of this brochure and our most current menu may be found on our website.

www.aquicalmex.com

WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

CHICKEN • BEEF • PORK

Adobo Chicken
Lime-Avocado
Achiote BBQ Beef
-order with no tortilla strips
Lemon Chicken
-order with no crisp cauliflower
Pork Carnitas
Supreme Bowl

SEAFOOD

Blackened Salmon
-order with no chip garnish
West Coast Salmon
Grilled Salmon
Firecracker Shrimp
-order with no tortilla strips

VEGETARIAN

Firecracker
Organic Tofu
-order with no crisp cauliflower and no tortilla strips
Avocado Roasted
Corn Bowl
-order with no tortilla strips

TACOS

Pork Carnitas,
Grilled Chicken or
Grass Fed Beef
-order with no corn/wheat tortillas
-sub with 100% corn tortillas

SALADS

Southwest Caesar
-order with no tortilla strips
Grilled Salmon
-order with no wheat chips
Lime-Avocado Chicken
-order with no tortilla strips

KID'S

Classic Kid's Chicken Bowl

SIDES

Grilled salmon, grilled chicken, pork carnitas, grilled shrimp, tofu, broccoli, Aqui slaw, grass fed beef, chayote-zucchini, cauliflower-chickpea mash, mashed sweet potatoes, broccoli, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip
Tomatillo Soup

CHICKEN • BEEF • PORK

Free Range Chicken Enchiladas
Lemon Chicken
-order with no crisp cauliflower and no lemon aioli
Achiote BBQ Beef
-order with no Aqui slaw
-sub with chayote-zucchini
Pork Carnitas
Supreme Bowl
Southwest Chicken Taquitos
Adobo Chicken
Lime-Avocado
-order with no Aqui veggies

SEAFOOD

West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with broccoli or chayote-zucchini

VEGETARIAN

Avocado Roasted
Corn Bowl
California Enchiladas
Lime-Avocado
Enchiladas
Cotija Taquitos

SALADS

Lime-Avocado Chicken
Southwest Caesar
-chicken and salmon add-on OK

TACOS

Pork Carnitas,
Grilled Chicken or
Grass Fed Beef
-order with no Aqui veggies on side salad

KID'S

Classic Kid's Chicken Bowl
Chicken and Potato Flautas

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, cauliflower-chickpea mash, chayote-zucchini, broccoli, mashed sweet potatoes, all rice and beans from menu

SALSA BAR

Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Avocado Dip
Aqui Sampler

CHICKEN • BEEF • PORK

Lemon Chicken
Achiote BBQ Beef
Southwest Chicken Taquitos
-order with no sour cream
Adobo Chicken
Lime-Avocado
-order with no cotija cheese
Adobo Chicken Fajitas
-order with no cotija cheese

SEAFOOD

Grilled Salmon
West Coast Salmon

VEGETARIAN

Thai Peanut
Organic Tofu
Avocado Roasted
Corn Bowl
-order with no cheese

SALADS

Lime-Avocado
Chicken
-order with no cotija cheese
Grilled Salmon
-order with no feta cheese
Crisp Chicken, Red
Grape & Kale

BURRITOS

All-order with no Monterey Jack cheese

TACOS

All-order with no cheese

KID'S

Classic Kid's
Chicken Bowl
-order with no cheese

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, cauliflower-chickpea mash, tofu, broccoli, Aqui slaw, mashed sweet potatoes, chayote-zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Sour Cream
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip
Tomatillo Soup

CHICKEN • BEEF • PORK

Shredded Beef Blue
Corn Taquitos
Adobo Chicken Fajitas
-order with no chipotle dressing
Free Range Chicken Enchiladas
Adobo Chicken
Lime-Avocado
Southwest Chicken Taquitos
Pork Carnitas Supreme

SEAFOOD

West Coast Salmon
-order with no aioli
Blackened Salmon
-order with no Aqui slaw
-sub with any vegetable
Grilled Salmon
-order with no aioli

VEGETARIAN

California Enchiladas
Cotija Taquitos
Tortilla Stack
Lime-Avocado
Enchiladas
Thai Peanut
Organic Tofu
Avocado Roasted
Corn Bowl

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli

BURRITOS

Grilled Chicken,
Pork Carnitas or
Grass Fed Beef
-order with no aioli
Adobo Chicken
Thai Chicken

QUESADILLAS

BBQ Chicken
Adobo Chicken
Chicken and
Monterey Jack
Veggie Feta

TACOS

Thai Chicken
Pork Carnitas
Grilled Chicken
Grass Fed Beef

KID'S

Classic Kid's
Chicken Bowl
Chicken and Potato
Flautas

Simple Cheese
Quesadilla
Bean and Cheese
Burrito

SIDES

Grilled salmon, grilled chicken, adobo chicken, grilled shrimp, pork carnitas, grass fed beef, mashed sweet potatoes, cauliflower-chickpea mash, chayote-zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable