

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut
Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon and tilapia dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all crab and shrimp dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad, Lime-Avocado Chicken Salad and Black Rice-Pumpkin Seed Cake

VEGAN MENU ITEMS

MENU ITEMS

Thai Peanut
Organic Tofu

Avocado Roasted
Corn Bowl

-order with no cheese

Firecracker
Organic Tofu

-order with no chile
ranch dressing and
cotija cheese

Lime-Avocado
Chicken Salad

-order with no chicken
and cheese, -sub with
organic tofu

STARTERS

Chips and Salsa
Fresca

Avocado Dip

Hummus

Black Bean Dip

Aqui Sampler

SIDES

Organic Tofu

Broccoli

Escabeche Veggies

Grilled zucchini

Red cabbage-
daikon radish slaw

Beyond Beef® plant
based crumbles

All beans and rice
from our menu

SALSA BAR

All salsas are
acceptable

Avoid: dressings and
sour cream

Allergy and Food Facts Info

AQUI SEASONAL MENU

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens. We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



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The most current version of this brochure and our most current menu may be found on our website.

www.aquicalex.com

This document is subject to change without notice. 08/2020



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WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

Blackened Salmon
-order with no chip garnish
Barbacoa Pork
-order with no organic corn meal-sweet potato fritter, -sub with mashed sweet potatoes
West Coast Salmon
-order with no black rice-pumpkin seed cake, -sub with spinach-cilantro rice

BOWLS

Adobo Chicken Lime-Avocado
Grilled Salmon
-order with no organic corn meal-sweet potato fritter, -sub with mashed sweet potatoes
Lemon Chicken
-order with no black rice-pumpkin seed cake, -sub with roasted corn brown rice
Pork Carnitas Supreme Bowl
Firecracker Shrimp
-order with no tortilla strips

VEGETARIAN

Beyond Meat Habanero Ranch Bowl
Avocado Roasted Corn Bowl
-order with no tortilla strips

SALADS

Southwest Caesar
-order with no tortilla strips
Grilled Salmon
-order with no wheat chips
Cajun Blackened Salmon
-order with no black rice-pumpkin seed cake, -sub with roasted corn brown rice
Lime-Avocado Chicken
-order with no tortilla strips

TACOS

Adobo or Grilled Chicken
Grilled Salmon
Pork Carnitas

KID'S

Classic Kid's Chicken Bowl

DESSERT

Flourless Chocolate Cake

SIDES

Grilled salmon, grilled chicken, pork carnitas, grilled shrimp, tofu, broccoli, Aqui slaw, grilled zucchini, broccoli, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

NOTE

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

West Coast Salmon
-order without aioli
Free Range Chicken Enchiladas
Blackened Salmon
-order with no Aqui slaw, -sub with broccoli or grilled zucchini
Barbacoa Pork
-order with no organic corn meal-sweet potato fritter, -sub with roasted corn brown rice

BOWLS

Pork Carnitas Supreme Bowl
Southwest Chicken Taquitos
Adobo Chicken Lime-Avocado
-order with no garbanzo-jicama-edamame mix

VEGETARIAN

Avocado Roasted Corn Bowl

SALADS

Lime-Avocado Chicken
Southwest Caesar
-chicken and salmon add-on OK

TACOS

Adobo or Grilled Chicken, Pork Carnitas
-order all with no aioli

KID'S

Classic Kid's Chicken Bowl

DESSERT

Flourless Chocolate Cake

SIDES

Grilled salmon, grilled chicken, grilled shrimp, pork carnitas, grilled zucchini, broccoli, mashed sweet potatoes, all rice and beans from menu

SALSA BAR

Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Avocado Dip
Aqui Sampler

BOWLS

Lemon Chicken
-order with no black rice-pumpkin seed cake, -sub roasted corn brown rice
Grilled Salmon
-order with no organic corn meal-sweet potato fritter, sub mashed sweet potatoes
Southwest Chicken Taquitos
-order with no sour cream
Adobo Chicken Lime-Avocado
-order with no cotija cheese

MAIN PLATES

West Coast Salmon
-order with no black rice-pumpkin seed cake, -sub with spinach-cilantro rice
Adobo Chicken Fajitas
-order with no cotija cheese

VEGETARIAN

Thai Peanut Organic Tofu
Avocado Roasted Corn Bowl
-order with no cheese

SALADS

Lime-Avocado Chicken
-order with no cotija cheese
Cajun Blackened Salmon
-order with no black rice-pumpkin seed cake
Grilled Salmon
-order with no feta cheese

BURRITOS

All-order with no Monterey Jack cheese

TACOS

Adobo or Grilled Chicken
Pork Carnitas
Grilled Salmon
Thai Chicken

KID'S

Pork Teriyaki Bowl

SIDES

Grilled salmon, grilled chicken, grilled shrimp, pork carnitas, tofu, broccoli, Aqui slaw, grilled zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Sour Cream
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

West Coast Salmon
-order with no aioli
Cuban Pork Enchiladas
-order with no Aqui slaw, sub with any vegetable or any rice
Blackened Salmon
-order with no Aqui slaw, sub with any vegetable
Adobo Chicken Fajitas
-order with no chipotle dressing
Free Range Chicken Enchiladas

BOWLS

Lemon Chicken
-order with no aioli
Adobo Chicken Lime-Avocado
Southwest Chicken Taquitos
Pork Carnitas Supreme
Serrano Grilled Chicken

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli
Cajun Blackened Salmon
-order with no aioli

VEGETARIAN

California Enchiladas
Cotija Taquitos
Thai Peanut Organic Tofu
Zucchini Chile Verde
Avocado Roasted Corn Bowl

BURRITOS

All-order with no aioli

QUESADILLAS

BBQ Chicken
Sonoma Goat Cheese
Adobo Chicken
Chicken and Monterey Jack
Veggie Feta

TACOS

Thai Chicken, Pork Carnitas, Grilled Chicken or Adobo Chicken
-order all with no aioli

KID'S

Classic Kid's Chicken Bowl
Pork Teriyaki Bowl

Simple Cheese Quesadilla

Bean and Cheese Burrito

SIDES

Grilled salmon, grilled chicken, grilled shrimp, pork carnitas, grilled zucchini, tofu, broccoli, all rice and beans from the menu

SALSA BAR

Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable