

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN

Thai Peanut Organic Tofu

BURRITOS

Thai Chicken

TACOS

Thai Chicken

FISH ALLERGY

Avoid all salmon, tilapia and sea bass dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all crab and shrimp dishes

TREE NUTS ALLERGY

We use pistachios in our Black Rice Cake. **Avoid West Coast Salmon, Free Range Chicken and Shrimp and Cajun Blackened Salmon Salad.**

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad, Lime-Avocado Chicken Salad and Lemon Avocado Shrimp Salad

VEGAN MENU ITEMS

MENU ITEMS

Thai Peanut Organic Tofu

Organic Chickpeas Bowl **-order with no guajillo-pumpkin sauce**

Avocado-Veggie Supreme Bowl **-order with no cheese or sour cream**

Vegetarian Tacos **-order with no cheese**

Lime-Avocado Chicken Salad **-order with no chicken or cheese, may sub with organic tofu**

STARTERS

Chips and Salsa Fresca

Avocado Dip

Hummus

Black Bean Dip **-order with no sour cream**

Aqui Sampler **-order with no sour cream**

SIDES

Organic Tofu

Broccoli

Organic mashed chickpeas

Cauliflower-carrot escabeche

Grilled zucchini

Red cabbage-daikon radish slaw

All beans and rice from our menu

SALSA BAR

All salsas are acceptable **-avoid dressings and sour cream**

Allergy and Food Facts Info

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens.

We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, crustacean shellfish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



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The most current version of this brochure and our most current menu may be found on our website.

www.aquicalex.com

This document is subject to change without notice. 01/28/2020



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WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

Blackened Salmon
-order with no chip garnish
Grilled Sea Bass
-order with no flatbread
West Coast Salmon
-order with no pistachio-black rice cake. Sub with spinach-cilantro rice

BOWLS

Adobo Chicken
Lime-Avocado
Mango Habanero
Shrimp -order with no tortilla strips
Grilled Salmon
-order with no pistachio-black rice cake. Sub with roasted corn brown rice.
Lemon Chicken

VEGETARIAN

Avocado-Veggie
Supreme Bowl
Vegetarian Tacos

SALADS

Southwest Caesar
-order with no tortilla strips
Grilled Salmon
-order with no wheat chips
Lemon Avocado
Shrimp -order with no tortilla strips
Lime-Avocado
Chicken -order with no tortilla strips

TACOS

Adobo or Grilled
Chicken
Grass Fed Beef
Citrus Pork Carnitas
Grilled Salmon

KID'S

Classic Kid's
Chicken Bowl

DESSERT

Flourless Chocolate
Cake

SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, grass fed beef, shrimp, tofu, broccoli, Aqui slaw, mashed organic chickpeas, grilled zucchini, organic cornmeal spoon bread, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip
Tomatillo soup

MAIN PLATES

West Coast Salmon
-order without aioli
Free Range Chicken
Enchiladas
Grilled Sea Bass -order with no flatbread

BOWLS

Lemon Chicken
-order with no aioli
Southwest Chicken
Taquitos
Adobo Chicken
Lime-Avocado -order with no garbanzo-jicama-edamame mix

VEGETARIAN

Organic Chickpeas
Bowl -order with no flatbread
Avocado-Veggie
Supreme Bowl
Vegetarian Tacos

SALADS

Lime-Avocado Chicken
Lemon Avocado
Shrimp
Southwest Caesar
-chicken and salmon add-on OK

TACOS

Adobo or Grilled
Chicken, Citrus Pork
Carnitas, Grass Fed Beef
-order all with no aioli

KID'S

Classic Kid's
Chicken Bowl

DESSERT

Flourless Chocolate
Cake

SIDES

Grilled salmon, grilled chicken, grass fed beef, shrimp, citrus pork carnitas, grilled zucchini, mashed organic chickpeas, organic cornmeal spoon bread, broccoli, all rice and beans from menu

SALSA BAR

Avoid: Ranch Dressing
Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip -order with no sour cream
Hummus
Avocado Dip
Aqui Sampler -order with no sour cream
Tomatillo Soup
-order with no sour cream

MAIN PLATES

West Coast Salmon
-order with no pistachio-black rice cake. Sub with spinach-cilantro rice
Grilled Sea Bass
-order with no chipotle-lemon butter
Adobo Chicken Fajitas
-order with no cotija cheese

BOWLS

Lemon Chicken
Southwest Chicken
Taquitos -order with no sour cream
Adobo Chicken Lime-Avocado -order with no cotija cheese

VEGETARIAN

Organic Chickpeas
Bowl -order with no guajillo-pumpkin sauce
Thai Peanut Organic
Tofu
Vegetarian Tacos
-order with no cheese

SALADS

Lime-Avocado
Chicken -order with no cotija cheese
Cajun Blackened
Salmon -order with no pistachio-black rice cake
Grilled Salmon
-order with no feta cheese
Lemon Avocado
Shrimp -order with no cotija cheese

BURRITOS

All-order with no Monterey Jack cheese

TACOS

Grass Fed Beef
Adobo or Grilled
Chicken
Citrus Pork Carnitas
Grilled Salmon
Thai Chicken

SIDES

Grilled salmon, grilled chicken, shrimp, citrus pork carnitas, grass fed beef, tofu, broccoli, Aqui slaw, organic mashed chickpeas, grilled zucchini, all rice and beans from the menu

SALSA BAR

Avoid: Ranch Dressing
Avoid: Sour Cream
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip
Tomatillo Soup

MAIN PLATES

West Coast Salmon
-order with no aioli
Grilled Sea Bass
Adobo Chicken Fajitas
-order with no chipotle dressing
Free Range Chicken
Enchiladas

BOWLS

Lemon Chicken
-order with no aioli
Adobo Chicken
Lime-Avocado
Southwest Chicken
Taquitos

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Salmon
-order with no aioli
Cajun Blackened Salmon
-order with no aioli
Lemon Avocado Shrimp

VEGETARIAN

California Enchiladas
Achiote Veggie
Enchiladas
Cotija Taquitos
Organic Chickpeas Bowl
Vegetarian Tacos
Avocado-Veggie
Supreme Bowl
Thai Peanut Organic Tofu

BURRITOS

All-order with no aioli

QUESADILLAS

BBQ Chicken
Sonoma Goat Cheese
Adobo Chicken
Chicken and
Monterey Jack
Veggie-Feta Quesadilla

TACOS

Thai Chicken,
Grass Fed Beef,
Citrus Pork Carnitas,
Grilled Chicken or
Adobo Chicken
-order all with no aioli

KID'S

Classic Kid's
Chicken Bowl
Beef and Broccoli
Toriyaki Bowl
Simple Cheese
Quesadilla
Bean and Cheese
Burrito

SIDES

Grilled salmon, grilled chicken, shrimp, citrus pork carnitas, grass fed beef, organic mashed chickpeas, grilled zucchini, tofu, broccoli, all rice and beans from the menu

SALSA BAR

Avoid: Ranch Dressing
Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable