

## PEANUTS ALLERGY

Avoid these menu items

**VEGETARIAN**  
Thai Peanut Bowl

**BURRITOS**  
Thai Chicken

**TACOS**  
Thai Chicken

## FISH ALLERGY

Avoid all salmon and tilapia dishes

## CRUSTACEAN SHELLFISH ALLERGY

Avoid all crab and shrimp dishes

## TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

## VEGAN MENU ITEMS

### MENU ITEMS

Thai Peanut Bowl  
Avocado Roasted Corn Bowl – **order with no Monterey Jack and Cotija**  
Lime Avocado Chicken Salad – **order with no chicken, may sub with organic tofu**

### STARTERS

Chips and Salsa Fresca  
Avocado Dip  
Hummus  
Black Bean Dip – **order with no sour cream**  
Aqui Sampler – **order with no sour cream**

### SIDES

Organic Tofu  
Broccoli  
Southwest Succotash  
All beans and rice from our menu  
Organic quinoa (**does not include organic quinoa crunchies**)

### SALSA BAR

All salsas are acceptable – **avoid dressings and sour cream**

# Allergy and Food Facts Info

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens.

We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



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The most current version of this brochure and our most current menu may be found on our website.

[www.aquicalex.com](http://www.aquicalex.com)

This document is subject to change without notice. 01/2019



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## WHEAT ALLERGY

Items prepared without gluten (wheat)

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip

### MAIN PLATES

West Coast Salmon  
Blackened Salmon – **order with no chip garnish**

### BOWLS

BBQ Pork – **order with no crisp onions**  
Grilled Chicken Molé – **order with no chip garnish**  
Adobo Chicken  
Lime-Avocado  
Lemon Chicken

### SALADS

Southwest Caesar – **order with no tortilla strips**  
Grilled Salmon – **order with no wheat chips**  
Blackened Salmon – **order with no quinoa crunchies**

### TACOS

Adobo or Grilled Chicken  
Citrus Pork Carnitas  
Grilled Salmon

### KID'S

Classic Kid's Chicken Bowl

### DESSERT

Flourless Chocolate Cake

### SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, tofu, mashed sweet potatoes, broccoli, Southwest Succotash, Aqui slaw, organic quinoa (**does not include organic quinoa crunchies**), all rice and beans from the menu

### SALSA BAR

All dressings and salsas are acceptable

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

## SOY ALLERGY

Items prepared without soy

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip  
Tomatillo soup

### MAIN PLATES

West Coast Salmon – **order without aioli**  
Free Range Chicken Enchiladas

### BOWLS

Lemon Chicken – **order with no aioli**  
Southwest Chicken Taquitos  
Lemon Chicken – **order with no aioli**  
Adobo Chicken Lime-Avocado – **order with no garbanzo-jicama-edamame mix**

### VEGETARIAN

Avocado Roasted Corn Bowl

### SALADS

Lime-Avocado Chicken  
Southwest Caesar – **chicken and salmon add-on OK**

### TACOS

Adobo, Grilled Chicken, Pork Carnitas – **order all with no aioli**

### KID'S

Classic Kid's Chicken Bowl

### DESSERT

Flourless Chocolate Cake

### SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, mashed sweet potatoes, broccoli, organic quinoa (**does not include organic quinoa crunchies**), all rice and beans from menu

### SALSA BAR

**Avoid:** Ranch Dressing  
**Avoid:** Chipotle Dressing

All other items from the Salsa Bar are acceptable

## MILK ALLERGY

Items prepared without milk

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip – **order with no sour cream**  
Hummus  
Avocado Dip  
Aqui Sampler – **order with no sour cream**  
Tomatillo Soup – **order with no sour cream**

### MAIN PLATES

West Coast Salmon  
Adobo Chicken Fajitas – **order with no cotija cheese**

### BOWLS

Lemon Chicken  
Southwest Chicken Taquitos – **order with no sour cream**  
Adobo Chicken Lime-Avocado – **order with no cotija cheese**

### SALADS

Lime-Avocado Chicken – **order with no cotija cheese**  
Blackened Salmon  
Grilled Salmon – **order with no feta cheese**

### BURRITOS

Grilled Chicken, Citrus Pork Carnitas, Grass Fed Beef and Adobo Chicken – **order with no Monterey Jack cheese**  
Thai Chicken  
BBQ Chicken

### TACOS

Grass Fed Beef  
Adobo or Grilled Chicken  
Citrus Pork Carnitas  
Grilled Salmon  
Thai Chicken

### SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, grass fed beef, tofu, broccoli, Aqui slaw, Southwest Succotash, organic quinoa (**does not include organic quinoa crunchies**), all rice and beans from the menu

### SALSA BAR

**Avoid:** Ranch Dressing  
**Avoid:** Sour Cream  
All other items from the Salsa Bar are acceptable

## EGG ALLERGY

Items prepared without eggs

### STARTERS

Chips and Salsa Fresca  
Black Bean Dip  
Hummus  
Aqui Sampler  
Avocado Dip  
Tomatillo Soup

### MAIN PLATES

West Coast Salmon – **order with no aioli**  
Adobo Chicken Fajitas – **order with no chipotle dressing**  
Free Range Chicken Enchiladas

### BOWLS

Lemon Chicken – **order with no aioli**  
Adobo Chicken Lime-Avocado  
Southwest Chicken Taquitos

### VEGETARIAN

Avocado Roasted Corn Bowl  
California Enchiladas  
Enchiladas Verdes  
Thai Peanut Bowl  
Cotija Taquitos  
Veggie Quesadilla

### SALADS

Southwest Caesar  
Lime-Avocado Chicken  
Grilled Salmon – **order with no aioli**  
Blackened Salmon – **order with no aioli**

### BURRITOS

Thai Chicken, Adobo Chicken, Grilled Chicken, Citrus Pork Carnitas or Grass Fed Beef – **order all with no aioli**

### QUESADILLAS

BBQ Chicken  
Sonoma Goat Cheese  
Adobo Chicken  
Chicken and Monterey Jack

### TACOS

Thai Chicken, Grass Fed Beef, Citrus Pork Carnitas, Grilled Chicken or Adobo Chicken – **order all with no aioli**

### KID'S

Classic Kid's Chicken Bowl

Simple Cheese Quesadilla

Bean and Cheese Burrito

### SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, grass fed beef, tofu, mashed sweet potatoes, broccoli, Southwest Succotash, organic quinoa (**does not include organic quinoa crunchies**), all rice and beans from the menu

### SALSA BAR

**Avoid:** Ranch Dressing  
**Avoid:** Chipotle Dressing  
All other items from the Salsa Bar are acceptable

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