

PEANUTS ALLERGY

Avoid these menu items

VEGETARIAN
Thai Peanut Bowl

BURRITOS
Thai Chicken

TACOS
Thai Chicken

FISH ALLERGY

Avoid all salmon dishes

CRUSTACEAN SHELLFISH ALLERGY

Avoid all crab dishes

TREE NUTS ALLERGY

We do not use tree nuts in any of our menu items

NOTE: We use Pumpkin Seeds in our BBQ Chicken Quesadilla, Southwest Caesar Salad and Lime-Avocado Chicken Salad

VEGAN MENU ITEMS

MENU ITEMS

Grilled Chicken Quinoa Apple – **order with no grilled chicken**

Thai Peanut Bowl (**peanut sauce contains honey**)

STARTERS

Chips and Salsa Fresca
Avocado Dip

Hummus

Black Bean Dip – **order with no sour cream**

Aqui Sampler – **order with no sour cream**

SIDES

Organic Tofu

Broccoli

All beans and rice from our menu

SALSA BAR

All salsas are acceptable – **avoid dressings and sour cream**

Allergy and Food Facts Info

This brochure lists the best items to order if you suffer from any of the 8 major food allergies. We take great care in preparing your food, but we have a horizontal work surface system. This means that plates may pass through different stations to get completed. This can lead to unexpected cross contamination by allergens.

We would love to be your restaurant today, but if you have severe allergic reactions to gluten (wheat), fish, soy or peanuts, we think it's best to not eat at Aqui.

See our current store menu or our website for complete item descriptions listed in this brochure.



NATURAL • WILD • ORGANIC

The most current version of this brochure and our most current menu may be found on our website.

www.aquicalex.com

This document is subject to change without notice. 08/2018



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WHEAT ALLERGY

Items prepared without gluten (wheat)

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

West Coast Salmon
Blackened Salmon – **order with no chip garnish**

BOWLS

BBQ Pork – **order with no crisp onions**
Adobo Chicken
Lime-Avocado
Lemon Chicken
Apple-Cranberry Chicken

VEGETARIAN

Avocado Roasted Corn Bowl – **order with no tortilla strips**

SALADS

Grilled Salmon
Blackened Salmon
Grilled Chicken
Quinoa Apple

TACOS

Adobo or Grilled Chicken
Citrus Pork Carnitas
Grilled Salmon

KID'S

Classic Kid's Chicken Bowl
Pork Carnitas Bowl

DESSERT

Flourless Chocolate Cake

SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, tofu, mashed sweet potatoes, broccoli, Aqui slaw, all rice and beans from the menu

SALSA BAR

All dressings and salsas are acceptable

Many foods in our kitchen contain gluten (wheat) ingredients, so interaction of ingredients is possible given our horizontal work surface system. These dishes from our menu are prepared without gluten ingredients and we cannot make any other accommodations. Due to our horizontal work surface system, we cannot guarantee that the items listed here are 100% gluten free. Thank you for understanding.

SOY ALLERGY

Items prepared without soy

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

Cuban Pork Enchiladas
Free Range Chicken Enchiladas

BOWLS

Lemon Chicken – **order with no aioli**
Southwest Chicken Taquitos

VEGETARIAN

Avocado Roasted Corn Bowl

SALADS

Grilled Chicken
Quinoa Apple

KID'S

Classic Kid's Chicken Bowl
Pork Carnitas Bowl

DESSERT

Flourless Chocolate Cake

SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, mashed sweet potatoes, broccoli, all rice and beans from menu

SALSA BAR

Avoid: Ranch Dressing
Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable

MILK ALLERGY

Items prepared without milk

STARTERS

Chips and Salsa Fresca
Black Bean Dip – **order with no sour cream**
Hummus
Avocado Dip
Aqui Sampler – **order with no sour cream**

MAIN PLATES

West Coast Salmon

BOWLS

Lemon Chicken
Southwest Chicken Taquitos – **order with no sour cream**
Adobo Chicken Lime-Avocado – **order with no cotija cheese**

SALADS

Grilled Chicken
Quinoa Apple
Lime-Avocado Chicken – **order with no cotija cheese**
Blackened Salmon

BURRITOS

Grilled Chicken, Citrus Pork Carnitas, Grass Fed Beef and Adobo Chicken – **order with no Monterey Jack cheese**
Thai Chicken
BBQ Chicken

TACOS

Grass Fed Beef
Adobo or Grilled Chicken
Citrus Pork Carnitas
Grilled Salmon
Thai Chicken

SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, grass fed beef, tofu, broccoli, Aqui slaw, all rice and beans from the menu

SALSA BAR

Avoid: Ranch Dressing
Avoid: Sour Cream
All other items from the Salsa Bar are acceptable

EGG ALLERGY

Items prepared without eggs

STARTERS

Chips and Salsa Fresca
Black Bean Dip
Hummus
Aqui Sampler
Avocado Dip

MAIN PLATES

West Coast Salmon – **order with no aioli**
Cuban Pork Enchiladas
Free Range Chicken Enchiladas

BOWLS

Apple-Cranberry Chicken – **order with no aioli**
Lemon Chicken – **order with no aioli**
Adobo Chicken
Lime-Avocado
Southwest Chicken Taquitos

VEGETARIAN

Avocado Roasted Corn Bowl
California Enchiladas
Thai Peanut Bowl
Cotija Taquitos
Veggie Quesadilla

SALADS

Southwest Caesar
Lime-Avocado Chicken
Grilled Chicken
Quinoa Apple

BURRITOS

Thai Chicken, Adobo Chicken, Grilled Chicken, Citrus Pork Carnitas or Grass Fed Beef – **order all with no aioli**

QUESADILLAS

BBQ Chicken
Sonoma Goat Cheese
Adobo Chicken
Chicken and Monterey Jack

TACOS

Thai Chicken, Grass Fed Beef, Citrus Pork Carnitas, Grilled Chicken or Adobo Chicken – **order all with no aioli**

KID'S

Classic Kid's Chicken Bowl
Pork Carnitas Bowl
Grass Fed Beef Bowl
Simple Cheese Quesadilla
Bean and Cheese Burrito

SIDES

Grilled salmon, grilled chicken, citrus pork carnitas, grass fed beef, tofu, mashed sweet potatoes, broccoli, all rice and beans from the menu

SALSA BAR

Avoid: Ranch Dressing
Avoid: Chipotle Dressing
All other items from the Salsa Bar are acceptable